



DORSET COUNTY ASA

2015 INTEGRATED BAGCATs, CHAMPIONSHIPS and AGE GROUP COMPETITION

License number
Under ASA Laws and Technical Rules

General Conditions:

1. The current Dorset County ASA General Competition Conditions will apply as published in the ASA South West Region Handbook and on the Dorset County ASA website, unless inconsistent with the conditions which follow. All entrants must accept these conditions.
2. Swimmers competing in any other County Association's competitions in the same year are not eligible to compete in the 2015 Integrated BAGCATs, Championships and Age Group Competition (the Competitions), or any event covered by the Dorset General Competition Conditions.
3. The following conditions will apply to ALL swimmers entries:
 - a. All competitors must have an ASA registration number and have been registered through their Club as an ASA Category 2 swimmer. No entry will be accepted without the swimmer's current ASA registration number.
 - b. Swimmers who have applied for ASA membership and are awaiting receipt of a registration number may enter the Competitions provided a photocopy of the registration form is submitted with the entry form or the competitor's entry will not be accepted.
 - c. Swimmers with a Functional Ability Card or Certificate of Swimming Disability may enter the Competitions.
 - d. ASA or IPC Official Times must be submitted for all individual events entered.
 - e. ASA/IPC Official Times must have been achieved in an event held under ASA Laws and Technical Rules or IPC Rules from which an individual Official Time has been recorded.
 - f. All submitted entries must be made using Short Course times or those converted from Long Course times using approved ASA conversion tables.
 - g. Non-ASA or IPC Official Times will not be accepted.
 - h. ASA or IPC Official Times outside of Ranx will not be accepted without the event, date and venue at which the Official Time was achieved being declared.
 - i. All ASA/IPC Official Times must be certified by an officer of the swimmer's club.
 - j. Entries received will be subject to satisfying the relevant qualifying standard as specified in the Competitions or, if space permits, the relevant consideration standard. Entry times outside of the consideration standards will not be accepted.
 - k. The Competitions are run as Integrated Competitions. Entries will be seeded on submitted times, the slowest time swimming first. Disability swimmers will compete in the appropriate time ranked heat.
 - l. The Promoter may request validation of any stated ASA or IPC Official entry time.
 - m. All Ranx entries must comply with 3(a-h) above. Non-Ranx entries from Clubs not using Ranx must ensure that the conditions stated at 3(a-h) above are given fully. Any entries not complying with 3(a-h) above or are found to be incorrect or ineligible shall be void and the entry fee forfeited.
4. All official entry times submitted must have been achieved between the first day of the preceding year's Integrated BAGCATs, Championships and Age Group Competition and the official closing date of this year's Competitions. Submitted entry times achieved outside of this specified period will not be accepted. All entries must come from the Club Entries Officer and not individuals.
5. Entry for members of Clubs using Ranx will be by invitation in advance of the closing date. On receipt of Ranx data, Clubs will receive a schedule of invited entries for swimmers with ranked times in accordance with clauses 3(a-h) and 4 above, and the stated qualifying/consideration times. Ranx Clubs' Entries Officers are required to confirm individual entries with the Meet Co-ordinator by the official closing date of the Competitions.
6. Clubs without access to the Ranx system and ten or fewer entrants may submit manual entries on the official entry form. Clubs with/without access to Ranx with more than ten entrants and wishing to submit all club entries as manual entries will be required to submit British Swimming verification of Official Times for each entrant and will be subject to an administration fee of £15 for 50 or less entries and £15 for every 50 entries thereafter.
7. All individual entries must be received by the official closing date as a whole Club entry together with the correct entry fee and, if appropriate, the administration fee. A single cheque payable to Dorset County ASA must be sent with each Club's entry. No entries will be accepted after the official closing date.

8. Entries submitted without the correct entry fee, official invite or paper entry forms, administration fee and health declarations incorrectly completed will be returned.
9. All Clubs will receive a schedule of accepted entries immediately prior to the Competitions, the details of which should be checked and any discrepancy notified to the Meet Co-ordinator by the date specified by the Meet Co-ordinator. Discrepancies received after this date cannot be rectified. Any rejected entries will be listed. Swimmers who are not listed on the official confirmation of accepted entries will not be permitted to compete.
10. A single cheque will be made to each club for any refunds for rejected entries from that Club after completion of the Competitions.
11. Improved entry times will not be accepted after the closing date.
12. Requests for time trials will not be accepted at any time.
13. The Competitions will run with pre-seeded heats according to clause 3(k) of the General Conditions. No entry cards will be issued and no secondary registration on the day is required (see 2015 Entry Conditions clause 5d(iii) for exceptions). Empty lanes due to withdrawals on the day will remain vacant.
14. Failure to appear in the designated heat will cancel any right to compete in that event. Swimmers who have failed to appear in the designated heat may be allowed to swim in unallocated lanes in the same event at the Referee's discretion. This shall be on a first-come first-served basis.
15. All competitors will be placed with the exception of any swimmer disqualified.
16. No refunds will be made for withdrawals after the official closing date unless on medical grounds. The Meet Co-ordinator MUST be advised of intention to withdraw on medical grounds no later than seven days prior to the first day of the competitions and a medical certificate subsequently submitted to the Meet Co-ordinator no later than the last day prior to the start of the competitions. Requests for medical refunds not received seven days prior to the first day of the competitions or without a medical certificate being submitted will not be considered.
17. The Official Promoter of the Competitions is the Dorset County ASA Swimming Committee through Mr S Platts. The Swimming Committee has set all conditions of the Competitions and any enquiries in the first instance should be directed to the Promoter via the swimmer's Club Entries Officer, as follows: Mr S Platts, 4 Kinson Grove, Bournemouth, Dorset BH10 7JA.
18. The Swimming Committee has delegated the running of the event to a Meet Co-ordinator. Entries should be sent to the Meet Co-ordinator by the applicable closing date, as follows: Mrs D Gibbs, 22 Stibbs Way, Bransgore, Christchurch, Dorset BH23 8HG.
19. The date and events for the programme of this year's Competitions are as printed in the 2015 Entry Conditions.
20. The Promoter reserves the right to alter or amend the Programme.
21. All competitors are required to observe all safety announcements and conduct themselves with safety in mind at all times. Doors will be open and warm up start approximately 45- 60 minutes before the gala is due to commence in accordance with the current published programme. Swimmers will not enter the hired area until the Referee gives permission. The Referee is responsible for all aspects of health, safety, and fair play in the area hired by DCASA and can halt the competition at any time if there are any perceived risks to the health and safety of, and fair play with regards to, competitors, officials, meet organisers or spectators.
22. Any swimmer or coach requiring wheelchair access MUST, if it is a requirement of the host leisure centre, ensure that the leisure centre approves this in advance with the swimmer or coach and a Personal Evacuation Plan is agreed with the leisure centre and submitted to the Referee prior to the start of the gala.
23. It is the responsibility of each Club's Committee to ensure that their Coach, Team Managers and Warm-Up/Warm-Down Marshals are responsible for their swimmers on the poolside, including behaviour, dress and code of conduct towards other competitors, officials and meet organisers at all times.
24. The use of a warm-down facility is made available to swimmers ONLY if supervised by one of their Club officials with a poolside pass. The facility will be withdrawn if the use is unsupervised or if deemed to be a risk to health and safety.
25. A warm-down facility may not be used for warm-up or training purposes.
26. In line with recommendations in the ASA Child Protection Policy, the Promoter requests that persons wishing to engage in any video, zoom or close range photography from the spectator areas register their details with DCASA Staff at the spectator entry desk before carrying out such photography. Anyone not complying will be asked to leave the spectator gallery. Requests for photography on poolside must be agreed with the Promoter in advance. The leisure centre may have its own local regulations on this subject, which may supersede this condition and must be complied with.
27. Flash photography at the start of a race is prohibited. Anyone not complying will be asked to leave the spectator gallery.
28. Dorset County ASA reserves the right to take and publish still or video photography during the meet. Any request not to be photographed MUST be documented on the swimmer's Health Information Form and be received by the Promoter before the Competitions commence.

ENTRY CONDITIONS & INFORMATION

1. Dates

- (a) Block 1: Saturday 21 February and Sunday 22 February 2015
- (b) Block 2: Saturday 28 February and Sunday 1 March 2015
- (c) Block 3: Saturday 14 March 2015 (800/1500m Freestyle only)
- (d) Entries closing date: Friday 23 January 2015 (mid-day)
- (e) Ranx data submissions: Friday 12 December 2014 + Friday 23 January 2015 (mid-day)

2. Age Groups

- (a) Age Groups will be based on age on the last day of the Competitions.
- (b) Age Groups will be based on age as at 14 March 2015.
- (c) Age Groups are: A (9yrs); B (10yrs); C (11yrs); D (12yrs); E (13yrs); F (14yrs); G (15yrs); H (16yrs); I (17/o).

3. Entry Fees

- (a) £5.00 per event for all 50/100/200/400m events.
- (b) £6.00 per event for 800/1500m Freestyle events.

4. Events

As a requirement for the ASA to grant a licence for these Competitions, all events and distances are as defined by the ASA.

5. Entry Times

This event is a Level 2 Licensed Meet. Qualifying Times for the 2015 Competitions have been set using the ASA County (A) Qualifying Times Graded Table, and Consideration Times using the ASA National (AAA) Qualifying Times Graded Table +25% for 50m and 100m sprint events and +30% for all other events.

(a) County Qualifying Times

Swimmers achieving DCASA County Qualifying Times must submit entries on the official invite/entry form with the correct fee and will be automatically entered into the competition upon receipt.

(b) County Consideration Times

Swimmers achieving DCASA County Consideration Times must submit entries on the official invite/entry form with the correct fee. Entries will be accepted as time permits.

(c) Swimmers with a registered Functional Ability Card or Certificate of Swimming Disability

i. Swimmers with a registered Functional Ability computer printout or Certificate of Swimming Disability achieving DCASA Disability Consideration Times must submit entries on the official entry form with the correct fee and, for Functional Ability swimmers, their classification. Entries will be accepted as time permits.

ii. Functional Ability/Disability classification MUST be declared along with the entry time. The computer printout or certificate MUST be presented to the Referee before any swim to which it applies or Functional Ability/Disability classification cannot be recognised.

(d) Long distance events

i. The maximum number of heats will be limited to five (Male 1500m Freestyle) and ten (Female 800m Freestyle) respectively. Swimmers with Dorset County Qualifying Times will be automatically accepted into these events and thereafter acceptance will be based on percentage proximity to the relevant Consideration Time. Places will be offered to notified reserves on the day if available.

ii. Swimmers/reserves notified that they have been accepted for the long distance events MUST register their intention to compete 30 minutes prior to the start of that event at the Recorders' Desk on the day of the swim. Failure to register

in person 30 minutes prior to the start of the relevant event will forfeit the right to compete and reserves who have registered their desire to swim on the day will be offered the opportunity to compete.

(e) Age disadvantaged swimmers

- i. Age disadvantaged female swimmers with a birth date between 14 March and the ASASWR Age Group Championships 2015 are permitted to enter the 400m Freestyle, 400m Individual Medley and 800m Freestyle events to achieve a Regional Qualifying Time provided they have achieved the County Qualifying Time stated.
- ii. Age disadvantaged male swimmers with a birth date between 14 March and the ASASWR Age Group Championships 2015 are permitted to enter the 400m Freestyle, 400m Individual Medley and 1500m Freestyle events to achieve a Regional Qualifying Time provided they have achieved the County Qualifying Time stated.
- iii. Age disadvantaged swimmers will not be eligible for awards or BAGCAT points for these events.

(f) Specified competition period

Submitted times must have been achieved within the specified period of 22 February 2014 to 23 January 2015.

6. Heat Declared Events

All events will be Heat Declared Winner (HDW). There will be no Finals.

7. Senior/Junior Champions

All swimmers are automatically entered for the Senior Championships and, if eligible, for the Junior Championships.

(a) Senior/Junior Champions

- i. The Senior Champion of each HDW event will be the competitor returning the fastest time regardless of age.
- ii. The Junior Champion of each HDW event will be the Junior swimmer returning the fastest time for that event.

(b) Junior Champions

- i. Junior swimmers and Junior Champions are competitors under 16 years of age on the last date of the Competitions.
- ii. Swimmers who are under 16 years of age at midnight on the DAY of a swim may claim a Junior County Record.

8. Awards

(a) Medals & Ribbons

- i. Male and female age bands for the purposes of awards in these Competitions are: 9 yrs, 10 yrs, 11 yrs, 12 yrs, 13 yrs, 14 yrs, 15 yrs, 16 yrs and 17/over.
- ii. Medals will be awarded for first, second and third places and ribbons for each of 4th to 8th place in each HDW event in each of the designated age bands and for first, second and third place in each relay event.
- iii. Medals will be awarded to the top three placed disability competitors in each event. Placing shall be determined on a multi-disability basis of the three swimmers in each sex who either break the World Record by the greater amount or are nearest to the World Record within their own classification. If less than four swimmers participate in any one event then the minus one ruling shall NOT apply.
- iv. Swimmers may collect HDW events medals and ribbons from the Presentation Table once the results have been announced. There will be no formal presentation of HDW events medals and ribbons.
- v. Medals must be collected from the Presentation Table during the competitions. The Presentation Table will close 15 minutes after the results of the final event of the Competitions have been published. Uncollected medals will not be posted or made available for collection after the Competitions.

(b) Championships Medals & Trophies

- i. Senior Championships and Junior Championships medals will be awarded for first, second and third places for each Championships event.
- ii. Senior and Junior Champions will be formally presented with County trophies were applicable.
- iii. Presentation of Championships medals and trophies will be made according to the published timetable for the Championships.
- iv. Swimmers who do not make themselves available will not be presented with their award.

(c) BAGCAT awards

- i. BAGCAT points shall be awarded from heat swims for a collection of events or categories as recommended by the ASA's Competitive Development Continuum.
- ii. BAGCAT events are:
 - Best Sprint (Best 50m swim)
 - Best 100 (Best 100m swim)
 - Best Form (Best 200m Butterfly *or* 200m Backstroke *or* 200m Breaststroke)
 - Best Distance (Best 200m *or* 400m *or* 800m *or* 1500m Freestyle)
 - Best Medley (Best 200 IM *or* 400 IM)
- iii. Overall BAGCAT points will be calculated from a combination of Best Sprint, Best 100, Best Form, Best Distance and Best Medley. Points are not accumulative; only the highest number of points achieved for one swim in each category is taken into consideration.
- iv. Medals will be awarded to the top eight male and female BAGCAT winners in each of the following age groups: 9 yrs, 10 yrs, 11 yrs, 12 yrs, 13 yrs and 14 yrs.

- v. An award will be made to the overall BAGCAT winner in each of the BAGCAT qualifying age groups.
- vi. There will be no medals or awards for BAGCAT category winners.
- vii. Presentation of BAGCAT awards will be made according to the published timetable for the Championships. Overall BAGCAT winners may be selected for Dorset County ASA Development Camps or events that may take place in 2015/2016.

9. Presentations

- (a) Presentations will only be made to recipients wearing suitable poolside club clothing and which complies with the current ASA Child Protection Policy.
- (b) Trophies, medals and awards will only be presented to recipients who have won those awards.
- (c) The Promoter reserves the right not to present awards if the recipient does not comply with clause 10(a) and 10(b) or who does not make themselves available in a timely manner for presentation. The Promoter's decision is final.

10. County trophies

- (a) County trophies shall be held by the winner (or in the event of a minor, by the winner's parent/guardian) as bailee for Dorset County ASA.
- (b) Trophies shall be returned engraved and in a clean condition at the request of the Trophies Controller or a Dorset County ASA Executive Officer and no later than 11 months from the date of the relevant competition, whichever is the sooner.
- (c) Failure or late return of a trophy as requested shall attract a fine, declared annually by the Principal County Officers. Any fine shall be the responsibility of the individual or, in the case of a club/team trophy, the club/team shall be responsible.
- (d) Engraving of trophies is the responsibility of the individual or, in the case of a club/team trophy, the club/team. Trophies that are not returned suitably engraved shall be engraved by Dorset County AA at the expense of the individual, club or team concerned. Any individuals/clubs in arrears for engraving costs must resolve outstanding debts before participating in future County competitions.

11. Club Team Points

Points will be awarded for all entered teams for Team Relays and for all individual swimmers placed first to eighth in their respective Age Groups as follows: 1st place = 8 points descending to 1 point = 8th place. Where a swimmer has dual recognition, he/she may represent only one Club, which shall be the Club named on the entry form. Team Points will be displayed at strategic times throughout the Competitions.

12. Code of Conduct

All swimmers shall comply with the DCASA Code of Conduct and the County further reserves the right to take disciplinary action against the swimmer(s) concerned and/or the swimmers' Clubs.

13. Health Declaration

To ensure that adequate safety procedures and protocols are observed, and the safety and well-being of all swimmers, all associated medical conditions must be declared on a Health Information Form together with the management plan for the condition. The Declaration shall be made by the swimmer/parent/guardian for the sole use of those persons with responsibility for health and safety during the Competitions. The content of the declaration will remain confidential. The forms of those swimmers who compete in the Dorset County Championships 2015 will be held on file until completion of the Dorset County Development Competition 2015.

14. Poolside personnel

Only duly authorised personnel, and including any person accompanying a swimmer with a Functional Ability Card or Certificate of Swimming Disability, who are registered on the ASA/Clubs Child Protection Lists and competitors shall be allowed poolside.

15. Spectators

Entry will be free and subject to the limit of accommodation at the respective venue. There will be a charge of £5.00 for spectator programmes.

CERTIFICATION FOR ENTRIES

(one form per club)

In signing this declaration on behalf of (Club) _____ I certify that:

- ◆ All swimmers entering this Competition are eligible to compete and hold the necessary birth/residential and membership qualification as currently required by the Dorset County ASA General Competition Conditions as published in the ASA South West Region Handbook and on the Dorset County ASA website.
- ◆ Times that have been submitted for all events entered are ASA or IPC Official Times that have been achieved in an event held under ASA Laws and Technical Rules and from which an individual Official Time has been recorded.
- ◆ The Official Entry Times submitted have been achieved within the specified competition period between the first day of the Dorset County ASA Integrated BAGCATs, Championships and Age Group Competition 2014 and the closing date of this year's Competitions.
- ◆ All swimmers entering these Competitions agree to be bound by the Dorset County ASA Conditions including the Code of Conduct.

I certify that the information given is correct in all respects and that I am an authorised officer of the above named Club.

| | |
|--------------------------------|-------------------|
| NAME: <i>(print)</i> | SIGNATURE: |
| POSITION HELD: | DATE: |
| ADDRESS: | TELEPHONE: |
| | EMAIL: |

PROGRAMME OF EVENTS

| Saturday 21 February 2015 | | | | | | | |
|---------------------------|----------|--------------|--------------|-------------------------|------|---------------|------------|
| Session 1 warm-up: 10.00 | | Start: 11.15 | | Estimated finish: tbc | | | |
| | Event No | Distance | Event | Male/Female | Type | Ages | Venue |
| 1 | 1 | 400 | Freestyle | Male | HDW | 10 and over | Littledown |
| | 2 | 50 | Freestyle | Female | HDW | All ages | Littledown |
| | 3 | 100 | Backstroke | Male | HDW | 10 and over | Littledown |
| | 4 | 200 | Ind. Medley | Female | HDW | All ages | Littledown |
| Session 2 warm-up: tbc | | Start: tbc | | Estimated finish: 18.30 | | | |
| 2 | 5 | 50 | Backstroke | Female | HDW | All ages | Littledown |
| | 6 | 100 | Freestyle | Male | HDW | 10 and over | Littledown |
| | 7 | 100 | Butterfly | Female | HDW | 10 and over | Littledown |
| | 8 | 200 | Breaststroke | Male | HDW | All ages | Littledown |
| | 9 | 4x50 | Medley | Female | | 12/under Team | Littledown |
| | 10 | 4x100 | Freestyle | Male | | 14/under Team | Littledown |
| | 11 | 4x100 | Medley | Female | HDW | Open Team | Littledown |
| Sunday 22 February 2015 | | | | | | | |
| Session 3 warm-up: 10.00 | | Start: 11.15 | | Estimated finish: tbc | | | |
| | Event No | Distance | Event | Male/Female | Type | Ages | Venue |
| 3 | 12 | 400 | Freestyle | Female | HDW | 10 and over | Littledown |
| | 13 | 50 | Freestyle | Male | HDW | All ages | Littledown |
| | 14 | 100 | Backstroke | Female | HDW | 10 and over | Littledown |
| | 15 | 200 | Ind. Medley | Male | HDW | All ages | Littledown |
| Session 4 warm-up: tbc | | Start: tbc | | Estimated finish: 18.30 | | | |
| 4 | 16 | 50 | Backstroke | Male | HDW | All ages | Littledown |
| | 17 | 100 | Freestyle | Female | HDW | 10 and over | Littledown |
| | 18 | 100 | Butterfly | Male | HDW | 10 and over | Littledown |
| | 19 | 200 | Breaststroke | Female | HDW | All ages | Littledown |
| | 20 | 4x50 | Freestyle | Male | HDW | 12/under Team | Littledown |
| | 21 | 4x100 | Medley | Female | HDW | 14/under Team | Littledown |
| | 22 | 4x100 | Freestyle | Male | HDW | Open Team | Littledown |

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| Saturday 28 February 2015 | | | | | | | |
|---------------------------|----------|--------------|--------------|-------------------------|------|---------------|------------|
| Session 5 warm-up: 11.00 | | Start: 12.05 | | Estimated finish: tbc | | | |
| | Event No | Distance | Event | Male/Female | Type | Ages | Venue |
| 5 | 23 | 400 | Ind. Medley | Female | HDW | 10 and over | Littledown |
| | 24 | 50 | Butterfly | Male | HDW | All ages | Littledown |
| | 25 | 100 | Breaststroke | Female | HDW | 10 and over | Littledown |
| | 26 | 200 | Freestyle | Male | HDW | All ages | Littledown |
| Session 6 warm up: tbc | | Start: tbc | | Estimated finish: 19.00 | | | |
| 6 | 27 | 50 | Breaststroke | Female | HDW | All ages | Littledown |
| | 28 | 200 | Backstroke | Male | HDW | All ages | Littledown |
| | 29 | 200 | Butterfly | Female | HDW | All ages | Littledown |
| | 30 | 4x50 | Medley | Male | HDW | 12/under Team | Littledown |
| | 31 | 4x100 | Freestyle | Female | HDW | 14/under Team | Littledown |
| | 32 | 4x100 | Medley | Male | HDW | Open Team | Littledown |
| Sunday 1 March 2015 | | | | | | | |
| Session 1 warm-up: 11.00 | | Start: 12.05 | | Estimated finish: tbc | | | |
| | Event No | Distance | Event | Male/Female | Type | Ages | Venue |
| 7 | 33 | 400 | Ind. Medley | Male | HDW | 10 and over | Littledown |
| | 34 | 50 | Butterfly | Female | HDW | All ages | Littledown |
| | 35 | 100 | Breaststroke | Male | HDW | 10 and over | Littledown |
| | 36 | 200 | Freestyle | Female | HDW | All ages | Littledown |
| Session 8 warm-up: tbc | | Start: tbc | | Estimated finish: 19.00 | | | |
| 8 | 37 | 50 | Breaststroke | Male | HDW | All ages | Littledown |
| | 38 | 200 | Backstroke | Female | HDW | All ages | Littledown |
| | 39 | 200 | Butterfly | Male | HDW | All ages | Littledown |
| | 40 | 4x50 | Freestyle | Female | HDW | 12/under Team | Littledown |
| | 41 | 4x100 | Medley | Male | HDW | 14/under Team | Littledown |
| | 42 | 4x100 | Freestyle | Female | HDW | Open Team | Littledown |

| Saturday 14 March 2015 | | | | | | | |
|--------------------------|----------|--------------|-----------|-----------------------|------|-------------|------------|
| Session 9 warm-up: 14.30 | | Start: 14.55 | | Estimated finish: tbc | | | |
| | Event No | Distance | Event | Male/Female | Type | Ages | Venue |
| 9 | 43 | 1500 | Freestyle | Male | HDW | 10 and over | Dorchester |
| Session 10 warm up: tbc | | Start: tbc | | Estimated finish: tbc | | | |
| 10 | 44 | 800 | Freestyle | Female | HDW | 10 and over | Dorchester |

DORSET COUNTY ASA

2015 INTEGRATED BAGCATS, CHAMPIONSHIPS & AGE GROUP COMPETITION

2015 QUALIFYING TIMES

| BOYS | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 + |
|--------------------|-----------|---------------------|---------------------|-----------|-----------|-----------|-----------|-------------|
| 50m Freestyle | 40.7 | 38.0 | 35.9 | 33.9 | 32.1 | 30.40 | 29.1 | 28.3 |
| 100m Freestyle* | x | 200m QT required | 200m QT required | 1:13.2 | 1:08.9 | 1:05.4 | 1:03.1 | 1:01.2 |
| 200m Freestyle | 3:15.7 | 2:59.3 | 2:48.8 | 2:39.1 | 2:30.1 | 2:22.5 | 2:17.2 | 2:13.2 |
| 400m Freestyle | 6:18.0 ** | 6:18.0 | 5:53.3 | 5:34.0 | 5:16.4 | 5:01.5 | 4:50.1 | 4:42.1 |
| 1500m Freestyle | x | 23:50.5 | 23:50.5 | 22:01.7 | 20:52.8 | 19:55.5 | 19:13.8 | 18:40.6 |
| 50m Breaststroke | 53.2 | 49.6 | 46.5 | 43.7 | 40.7 | 38.6 | 36.8 | 35.6 |
| 100m Breaststroke* | x | 200m QT required | 200m QT required | 1:33.8 | 1:27.4 | 1:22.7 | 1:19.1 | 1:16.6 |
| 200m Breaststroke | 4:09.2 | 3:51.2 | 3:35.1 | 3:22.5 | 3:09.5 | 2:58.9 | 2:51.5 | 2:47.0 |
| 50m Butterfly | 45.9 | 42.4 | 39.6 | 37.5 | 35.3 | 33.4 | 31.7 | 30.9 |
| 100m Butterfly* | x | 200m QT required | 200m QT required | 1:22.0 | 1:16.7 | 1:12.3 | 1:09.0 | 1:07.3 |
| 200m Butterfly | 4:00.0 | 3:30.4 | 3:11.7 | 3:00.8 | 2:49.5 | 2:40.1 | 2:31.8 | 2:28.3 |
| 50m Backstroke | 46.9 | 43.6 | 41.2 | 39.0 | 36.5 | 34.8 | 33.1 | 31.9 |
| 100m Backstroke* | x | 200m QT required | 200m QT required | 1:22.5 | 1:17.3 | 1:13.0 | 1:09.8 | 1:07.8 |
| 200m Backstroke | 3:36.7 | 3:19.7 | 3:06.9 | 2:56.5 | 2:45.9 | 2:37.0 | 2:30.4 | 2:26.5 |
| 200m Ind. Medley | 3:41.7 | 3:25.1 | 3:11.0 | 3:00.5 | 2:50.4 | 2:40.7 | 2:34.3 | 2:30.3 |
| 400m Ind. Medley | 7:20.2 ** | 7:20.2 | 6:45.5 | 6:20.9 | 6:00.4 | 5:40.6 | 5:26.4 | 5:18.1 |
| GIRLS | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 + |
| 50m Freestyle | 41.1 | 38.5 | 36.5 | 34.7 | 33.3 | 32.4 | 31.7 | 31.3 |
| 100m Freestyle | x | 1:24.6 | 1:18.7 | 1:14.3 | 1:11.5 | 1:09.5 | 1:08.3 | 1:07.1 |
| 200m Freestyle | 3:17.6 | 3:00.4 | 2:49.6 | 2:39.9 | 2:33.6 | 2:29.6 | 2:26.6 | 2:24.6 |
| 400m Freestyle | 6:22.2 ** | 6:22.2 | 5:52.9 | 5:33.0 | 5:20.5 | 5:12.5 | 5:06.2 | 5:03.1 |
| 800m Freestyle | x | 12:09.5 | 12:09.5 | 11:29.3 | 10:58.3 | 10:40.8 | 10:30.7 | 10:23.5 |
| 50m Breaststroke | 54.2 | 50.0 | 46.7 | 44.0 | 42.1 | 40.8 | 39.8 | 39.4 |
| 100m Breaststroke | x | 1:48.8 | 1:40.2 | 1:34.4 | 1:29.8 | 1:26.5 | 1:25.1 | 1:24.3 |
| 200m Breaststroke | 4:11.7 | 3:51.5 | 3:34.9 | 3:22.4 | 3:12.8 | 3:06.7 | 3:03.5 | 3:01.6 |
| 50m Butterfly | 46.5 | 42.4 | 40.1 | 37.9 | 36.4 | 35.2 | 34.4 | 34.0 |
| 100m Butterfly | x | 1:36.0 | 1:28.0 | 1:22.4 | 1:19.0 | 1:16.3 | 1:15.1 | 1:14.1 |
| 200m Butterfly | 4:03.6 | 3:32.8 | 3:13.9 | 3:00.7 | 2:52.6 | 2:46.7 | 2:43.0 | 2:41.2 |
| 50m Backstroke | 47.3 | 43.8 | 41.4 | 39.3 | 37.7 | 36.5 | 35.9 | 35.3 |
| 100m Backstroke | x | 1:35.2 | 1:28.1 | 1:22.7 | 1:19.2 | 1:17.0 | 1:15.3 | 1:14.4 |
| 200m Backstroke | 3:38.8 | 3:21.8 | 3:06.3 | 2:56.3 | 2:49.6 | 2:44.8 | 2:41.1 | 2:38.7 |
| 200m Ind. Medley | 3:44.0 | 3:25.6 | 3:11.4 | 3:00.6 | 2:53.8 | 2:48.7 | 2:45.5 | 2:43.4 |
| 400m Ind. Medley | 7:19.7 ** | 7:19.7 | 6:43.6 | 6:19.9 | 6:03.9 | 5:53.8 | 5:47.3 | 5:42.6 |

* Boys 10/11 yrs cannot enter 100m events unless they qualify for and enter the 200m event in that stroke

** Swimmers who will be competing in an older Age Group at the 2015 ASASWR BAGCAT Championships only

DORSET COUNTY ASA
2015 INTEGRATED BAGCATS, CHAMPIONSHIPS & AGE GROUP COMPETITION

2015 CONSIDERATION TIMES

| BOYS | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 + |
|--------------------|----------|---------------------|---------------------|-----------|-----------|-----------|-----------|-------------|
| 50m Freestyle | 43.63 | 40.50 | 38.50 | 36.38 | 34.63 | 33.25 | 32.25 | 31.63 |
| 100m Freestyle* | x | 200m CT required | 200m CT required | 1:18.13 | 1:14.00 | 1:11.25 | 1:09.50 | 1:08.00 |
| 200m Freestyle | 3:38.27 | 3:17.99 | 3:07.20 | 2:56.28 | 2:47.31 | 2:40.94 | 2:37.04 | 2:33.79 |
| 400m Freestyle | x | 6:56.65 | 6:30.52 | 6:09.20 | 5:52.17 | 5:40.47 | 5:31.76 | 5:25.65 |
| 1500m Freestyle | x | 26:24.44 | 26:24.44 | 24:18.73 | 23:12.95 | 22:28.75 | 21:58.85 | 21:32.85 |
| 50m Breaststroke | 57.50 | 53.13 | 50.00 | 46.88 | 43.88 | 42.13 | 40.75 | 39.63 |
| 100m Breaststroke* | x | 200m CT required | 200m CT required | 1:40.63 | 1:34.13 | 1:30.25 | 1:27.25 | 1:25.25 |
| 200m Breaststroke | 4:40.02 | 4:17.53 | 4:00.11 | 3:45.68 | 3:32.16 | 3:22.93 | 3:16.95 | 3:13.31 |
| 50m Butterfly | 49.63 | 45.50 | 42.63 | 40.38 | 38.13 | 36.50 | 35.13 | 34.50 |
| 100m Butterfly* | x | 200m CT required | 200m CT required | 1:28.00 | 1:22.15 | 1:19.00 | 1:16.13 | 1:15.00 |
| 200m Butterfly | 4:33.13 | 3:55.04 | 3:34.11 | 3:21.63 | 3:10.19 | 3:01.87 | 2:53.94 | 2:51.73 |
| 50m Backstroke | 50.75 | 46.75 | 44.38 | 42.00 | 39.50 | 38.13 | 36.75 | 35.63 |
| 100m Backstroke* | X | 200m CT required | 200m CT required | 1:28.63 | 1:23.38 | 1:19.75 | 1:17.13 | 1:15.63 |
| 200m Backstroke | 4:02.45 | 3:42.04 | 3:28.13 | 3:16.56 | 3:05.77 | 2:57.97 | 2:52.64 | 2:49.52 |
| 200m Ind. Medley | 4:08.04 | 3:47.37 | 3:32.42 | 3:20.46 | 3:10.58 | 3:01.87 | 2:56.93 | 2:53.81 |
| 400m Ind. Medley | x | 8:09.32 | 7:30.58 | 7:02.76 | 6:42.48 | 6:25.32 | 6:13.75 | 6:07.64 |
| GIRLS | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 + |
| 50m Freestyle | 44.13 | 41.00 | 39.13 | 37.38 | 36.25 | 35.63 | 35.13 | 34.88 |
| 100m Freestyle | x | 1:30.13 | 1:24.00 | 1:19.65 | 1:17.50 | 1:16.13 | 1:15.25 | 1:14.38 |
| 200m Freestyle | 3:40.61 | 3:19.03 | 3:07.85 | 2:57.97 | 2:52.77 | 2:50.17 | 2:47.70 | 2:46.40 |
| 400m Freestyle | x | 7:02.37 | 6:30.13 | 6:09.98 | 6:00.36 | 5:55.03 | 5:50.09 | 5:48.79 |
| 800m Freestyle | x | 13:27.43 | 13:27.43 | 12:46.87 | 12:20.35 | 12:08.26 | 12:01.89 | 11:57.73 |
| 50m Breaststroke | 58.50 | 53.38 | 50.13 | 47.50 | 45.75 | 44.75 | 44.00 | 43.75 |
| 100m Breaststroke | x | 1:56.63 | 1:47.38 | 1:41.63 | 1:37.63 | 1:34.75 | 1:33.88 | 1:35.50 |
| 200m Breaststroke | 4:42.75 | 4:17.79 | 3:59.72 | 3:46.59 | 3:37.75 | 3:32.81 | 3:30.73 | 3:29.82 |
| 50m Butterfly | 50.25 | 45.38 | 43.13 | 40.88 | 39.63 | 38.75 | 38.00 | 37.88 |
| 100m Butterfly | x | 1:43.13 | 1:34.63 | 1:28.75 | 1:26.00 | 1:23.75 | 1:23.00 | 1:22.50 |
| 200m Butterfly | 4:37.03 | 3:58.03 | 3:36.45 | 3:22.54 | 3:15.26 | 3:10.32 | 3:07.07 | 3:06.03 |
| 50m Backstroke | 50.88 | 46.75 | 44.38 | 42.38 | 41.00 | 40.13 | 39.75 | 39.25 |
| 100m Backstroke | x | 1:41.75 | 1:34.25 | 1:29.00 | 1:26.00 | 1:24.50 | 1:23.00 | 1:22.63 |
| 200m Backstroke | 4:04.92 | 3:43.86 | 3:26.83 | 3:16.69 | 3:11.49 | 3:07.98 | 3:04.60 | 3:03.04 |
| 200m Ind. Medley | 4:10.25 | 3:47.24 | 3:32.16 | 3:21.11 | 3:15.91 | 3:12.01 | 3:09.54 | 3:08.37 |
| 400m Ind. Medley | x | 8:08.15 | 7:27.59 | 7:03.28 | 6:49.89 | 6:42.61 | 6:37.80 | 6:34.42 |

* Boys 10/11 yrs cannot enter 100m events unless they qualify for and enter the 200m event in that stroke

** Swimmers who will be competing in an older Age Group at the 2015 ASASWR BAGCAT Championships only

2015 DORSET COUNTY CHAMPIONSHIPS

**ENTRY FORM
(NON-RANX CLUBS & SWIMMERS WITHOUT AN INVITE)**

| | | | | | | | | |
|---|--|--|---|--|--------------|--------|--|--|
| COMPETITOR | | | | CLUB | | | | |
| Date of birth | | M / F | ASA Number | | | | | |
| Health Declaration to be submitted | | Y / N | Functional Ability/Disability declared | | | | | |
| | | | Disability Category | Most strokes | Breaststroke | Medley | | |
| Event | Entry Time | Date achieved | | Venue | | | | |
| Saturday 21 February 2015 at Littledown | | | | | | | | |
| 1. Male 400m Freestyle | | | | | | | | |
| 2. Female 50m Freestyle | | | | | | | | |
| 3. Male 100m Backstroke | | | | | | | | |
| 4. Female 200m Ind. Medley | | | | | | | | |
| 5. Female 50 Backstroke | | | | | | | | |
| 6. Male 100m Freestyle | | | | | | | | |
| 7. Female 100m Butterfly | | | | | | | | |
| 8. Male 200m Breaststroke | | | | | | | | |
| Sunday 22 February 2015 at Littledown | | | | | | | | |
| 12. Female 400m Freestyle | | | | | | | | |
| 13. Male 50m Freestyle | | | | | | | | |
| 14. Female 100m Backstroke | | | | | | | | |
| 15. Male 200 Ind. Medley | | | | | | | | |
| 16. Male 50m Backstroke | | | | | | | | |
| 17. Female 100m Freestyle | | | | | | | | |
| 18. Male 100m Butterfly | | | | | | | | |
| 19. Female 200m Breaststroke | | | | | | | | |
| Saturday 28 February 2015 at Littledown | | | | | | | | |
| 23. Female 400m Ind. Medley | | | | | | | | |
| 24. Male 50m Butterfly | | | | | | | | |
| 25. Female 100m Breaststroke | | | | | | | | |
| 26. Male 200m Freestyle | | | | | | | | |
| 27. Female 50m Breaststroke | | | | | | | | |
| 28. Male 200m Backstroke | | | | | | | | |
| 29. Female 200m Butterfly | | | | | | | | |
| Sunday 1 March 2015 at Littledown | | | | | | | | |
| 33. Male 400m Ind. Medley | | | | | | | | |
| 34. Female 50m Butterfly | | | | | | | | |
| 35. Male 100m Breaststroke | | | | | | | | |
| 36. Female 200m Freestyle | | | | | | | | |
| 37. Male 50m Breaststroke | | | | | | | | |
| 38. Female 200m Backstroke | | | | | | | | |
| 39. Male 200m Butterfly | | | | | | | | |
| Saturday 14 March 2015 at Dorchester | | | | | | | | |
| 43. Male 1500m Freestyle* | | | | | | | | |
| 44. Female 800m Freestyle* | | | | | | | | |
| 1. One entry form per swimmer 2. Ages as at 14 March 2015 3. Closing date Friday 23 January 2015 (mid-day) | Entries @ £5.00 per event + Swim hat @ £5.00 each | <input type="text"/> <input type="text"/> | + Entries* @ £6.00 per event TOTAL = £ | <input type="text"/> <input type="text"/> | | | | |

TEAM RELAY INFORMATION & ENTRY CONDITIONS

- Closing date for entries is Friday 23 January 2015.
- Team entries will only be accepted on this official entry form. One form per team entry.
- The names and dates of birth of participating swimmers must be submitted to the recorders desk by the end of warm-up on the day of the event using the Team Relays form following (one form per team per event).
- Only those swimmers entered and listed on the Team Relays form are permitted to compete for that team in that event. Referee to agree substitution on medical grounds.
- All swimmers listed on the entry form must be eligible to compete for that team and hold the necessary birth/residential and membership qualification as specified by the Dorset County ASA General Competition Conditions, and be fully paid up members of the club they are representing at the Competitions.
- Swimmers with dual recognition may represent only one Club. Where a swimmer has entered individual events, this shall be the Club named on the entry form. Where a dual registered swimmer has not entered individual events, the swimmer may choose the Club they wish to represent in a team event.
- Entry for the first relay team from a club is free for each event entered; a second team may be entered, space permitting, at £10 per team per event.

| <p align="center">TEAM RELAYS CLUB SUMMARY Ages for 12/under teams – as at last date of SJL 2015 Ages for 14/under and Open teams – as at 31 December 2015</p> | | | | | |
|---|--|--------------------------|--|--|--------------------------|
| CLUB: | | | | | |
| Date | Event | Teams <i>(number)</i> | Date | Event | Teams <i>(number)</i> |
| Saturday 21 February | (9) Female 12/under 4x50m Medley | | Saturday 28 February | (30) Male 12/under 4x50m Medley | |
| | (10) Male 14/under 4x100m Freestyle | | | (31) Female 14/under 4x100m Freestyle | |
| | (11) Female Open 4x100m Medley | | | (32) Male Open 4x100m Medley | |
| Sunday 22 February | (20) Male 12/under 4x50m Freestyle | | Sunday 1 March | (40) Female 12/under 4x50m Freestyle | |
| | (21) Female 14/under 4x100m Medley | | | (41) Male 14/under 4x100m Medley | |
| | (22) Male Open 4x100m Freestyle | | | (42) Female Open 4x100m Freestyle | |
| Total number of 1st teams (FOC) | | | Total number of 2nd teams @ £10 per team | | |

2015 DORSET COUNTY CHAMPIONSHIPS
TEAM RELAYS ENTRY FORM (one form per team)

| CLUB: | | EVENT: | | |
|--------------|------|---------------|--|--|
| SWIMMER | NAME | DATE OF BIRTH | | |
| 1 | | | | |
| 2 | | | | |
| 3 | | | | |
| 4 | | | | |

2015 DORSET COUNTY CHAMPIONSHIPS
TEAM RELAYS ENTRY FORM (one form per team)

| CLUB: | | EVENT: | | |
|--------------|------|---------------|--|--|
| SWIMMER | NAME | DATE OF BIRTH | | |
| 1 | | | | |
| 2 | | | | |
| 3 | | | | |
| 4 | | | | |

2015 DORSET COUNTY CHAMPIONSHIPS
TEAM RELAYS ENTRY FORM (one form per team)

| CLUB: | | EVENT: | | |
|--------------|------|---------------|--|--|
| SWIMMER | NAME | DATE OF BIRTH | | |
| 1 | | | | |
| 2 | | | | |
| 3 | | | | |
| 4 | | | | |

Please return this form to the DCASA Meet Co-ordinator together with:

- Completed entry form/s
- Ranx data
- Cheque for the total amount shown below (one per club)
- Health Declarations (where applicable)
- Details of Functional Ability/Disability Classification (where applicable)

Closing date: Friday 24 January 2015 (mid-day)



| | | | |
|--|--------------------|----------------------------|--------------|
| CLUB: | | | |
| Entries | Entry fee | Number | Total |
| Male | @ £5 event | | £ |
| | @ £6 event | | £ |
| Female | @ £5 event | | £ |
| | @ £6 event | | £ |
| Relays | @ £10 event | | £ |
| Swim hats | @ £5 each | | £ |
| | | Administration fee* | £ |
| | | TOTAL (cheque) | |
| <p>PLEASE MAKE CHEQUES PAYABLE TO DCASA</p> <p><i>*Clubs without access to the Ranx system and ten or fewer entrants may submit manual entries on this official entry form. Clubs with/without access to Ranx and more than ten entrants and wishing to submit all club entries as manual entries will be required to submit British Swimming verification of Official Times for each entrant and will be subject to an administration fee of £15 for 50 or less entries and £15 for every 50 entries thereafter.</i></p> | | | |
| ENTRIES OFFICER (print): | | TELEPHONE: | |
| | | MOBILE: | |
| ADDRESS: | | EMAIL: | |
| | | | |
| <p>MEET CO-ORDINATOR Di Gibbs, 22 Stibbs Way, Bransgore, Christchurch, Dorset BH23 8HG. Tel 01425 673512 Email digibbs@talktalk.net</p> | | | |

**APPLICATION FOR POOLSIDE PASS
(Coaches/Team Managers/Chaperones/Club photographer)**

| | |
|---------------------------|-----------|
| CLUB: | |
| 1. | 4. |
| 2. | 5. |
| 3. | 6. |
| CLUB PHOTOGRAPHER: | |

PLEASE NOTE THAT POOLSIDE PASSES WILL BE ISSUED AS FOLLOWS -

CLUBS WITH 20 OR LESS SWIMMERS: 2 PASSES for each club (one female and one male ONLY)

CLUBS WITH 20+ SWIMMERS: 2 PASSES (one female and one male pass) plus ONE additional pass for each additional 20 swimmers thereafter

CLUB PHOTOGRAPHER: 1 PER CLUB ONLY (photographers must register at the Recorders' Desk and may go on poolside only during presentations)

SIGNATURE of CLUB SECRETARY/ENTRIES OFFICER: _____

- Poolside and photographers passes will be available for collection on the day from the Recorders Desk. Photographers must also register at the admissions desk.
- The holder of a Coach/Team Manager pass will be entitled to a coach pack, which will be available from the Recorders Desk.
- Applications will only be accepted for those Coaches, Team Managers, Chaperones and Photographers who are registered on the Child Protection List held by the ASA and whose names are held on lists supplied to the Promoter. A copy of this list is to be submitted with any application.
- Coaches, Team Managers, Chaperones and Photographers will not be permitted on poolside without a visible official pass.
- All passes will be named and must be worn visibly on the poolside at all times.
- Club photography is restricted to presentations only and flash photography at the start of a race is prohibited.
- **Anyone not complying with the above will be asked to leave poolside immediately.**

NOTE: Any persons volunteering to undertake any poolside duty, whether as a Host Club or as a technical official MUST also be registered for that role on the Child Protection List held by the ASA. The DCASA Officials Secretary will issue poolside passes to the technical officials and the DCASA Competition Agent will issue Host Club accreditation.

Please return this form together with the Child Protection List to the Meet Co-ordinator, as follows:
Mrs D Gibbs, 22 Stibbs Way, Bransgore, Christchurch, Dorset BH23 8HG.

2015 DORSET COUNTY ASA HEALTH INFORMATION FORM

| | |
|-----------------|--------------------|
| Name: | Club: |
| DoB: | |
| Address: | Tel (home): |

(1) Emergency contact information during the 2015 Competitions:

| | |
|--------------------------------|--------------------------------|
| Name of emergency contact (1): | Name of emergency contact (2): |
| Relationship to swimmer (1): | Relationship to swimmer (2): |
| Contact mobile number (1): | Contact mobile number (2): |

Do you have any health conditions? (e.g. asthma; tendency to hyperventilate; epilepsy; heart conditions)

If you answered yes please give details:

YES

NO

Do you take any regular medicines? (e.g. Ventolin inhalers)

If you answered yes please give details:

YES

NO

Who looks after your medicines?

Are any of your medicines on the banned list as per the ASA Anti-Doping Guidelines?

If you answered yes please give details:

YES

NO

Do you have any Intolerances or Allergies? (e.g. nuts, penicillin)

If you answered yes please give details:

YES

NO

(2) Functional Ability Card/Certificate of Swimming Disability* (delete as appropriate)

YES

NO

I have a Functional Ability Card/Certificate of Swimming Disability and my categories are:

**Please note that your card/certificate MUST be presented to the Referee before those races to which it applies*

(3) Parental Permission for competitors under 18 years of age:

Name of parent/guardian (print):

I give DCASA staff appointed for the Competitions 2015 permission to act in *loco parentis* if required in an emergency situation. I understand that DCASA will contact me at the earliest opportunity and I have provided a current emergency contact number.

Parent/guardian (sign):

Date:

(4) PHOTOGRAPHY

Please tick the box if you DO NOT wish to be photographed during the 2015 competitions.

Data Protection Health information will be held by the Promoter and shared only as necessary with officials running the Competitions but otherwise kept confidential.